

The Serene Side of Slovenia



SVRSK MIREN KRAS



Explore the seasons between the Vipava Valley and the Karst region

On the serene side of Slovenia, each season is influenced by a different flavor. Would you prefer asparagus, grapes, persimmons, or olives? Worry not: you can indulge in prosciutto and Teran wine all year round.

This map provides you with everything you need for a sustainable and sweet retreat. Welcome to Miren Kras, one of the 100 most sustainable destinations in the world.



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Key

- Attractions, museums, and galleries
- Restaurants, inns, and tourist farms
- Accommodation, private rooms, and suites
- Experiences
- Tourist Information Center (TIC)

Hiking, cycling, and horseback riding trails

- A trip along the former military railway
- A trip through the underground lodgings of WWI soldiers
- A walk along the edge of the plateau
- A walk among the defensive lines above Cerje
- A trip to the high edge of the Karst Plateau
- Interbike bicycle route
- Along the dry-stone walls of the Karst Plateau
- On the panoramic northern edge of the Karst Plateau
- Špič hill by bicycle
- From Srnjak hill to Kremenjak hill

- The Walk of Peace from the Alps to the Adriatic
- Bike Alpe Adria: Karst via Mt. Trstelj
- Trans Slovenia 1
- The main horseback riding trail
- Horseback riding loop

- #### Attractions
- 1 The Cerje Monument of Peace
 - 2 Mirenski Grad Lazarist Monastery
 - 3 The Pežinka Cave and the Pečina hill
 - 4 Borojevič's throne
 - 5 Krompir Cave
 - 6 Klobasa Cave
 - 7 Alojz Cave
 - 8 The Russian Cave
 - 9 Nad Logem hill
 - 10 Segeti Military Camp
 - 11 Grnača peak
 - 12 Ranke WWI military cemetery
 - 13 The shepherd's cottage
 - 14 Railway track
 - 15 Sveti Ambrož hill
 - 16 Srčandol valley
 - 17 Monument (signpost)
 - 18 Vrh Drage water well
 - 19 The memorial to fallen Hungarian soldiers
 - 20 Vojsčica Military Camp

- #### Museums and galleries
- 21 Shoemaking Museum Miren
 - 22 Oskar Kogoj Nature Design Gallery Miren
 - 23 The House of Opatje Selo Tradition and a WWI collection Opatje selo
 - 24 Negovan Nemeč Sculptural Atelier Bilje
 - 25 Remember Me Museum Miren

- #### Inns and bistros
- 26 Kogoj Inn Bilje
 - 27 Makorič Inn Orehovlje
 - 28 Bric Inn Miren
 - 29 Cerje Bistro Lokvica
 - 30 Pizzeria Frnažar Miren
 - 31 Štirna Inn Opatje selo
 - 32 Stjenko Lodge on Mt. Trstelj Lipa

- #### Tourist farms and osmice seasonal taverns
- 33 Kujtna Homestead Temnica
 - 34 Leban Tourist Farm, osmica seasonal tavern and accommodation Lipa
 - 35 Agritourism Fagneli, sale of dried meat products Miren
 - 36 Agritourism Pri Krčarju Sela na Krasu

- #### Tourist farms with accommodation
- 37 Mirko Homestead with accommodation Nova vas
 - 38 Marušič Tourist Farm with accommodation Lokvica

- #### Local specialties
- 39 Rogelja Herb Farm Vojsčica
 - 40 Francetovi Eco Farm Nova vas
 - 41 Ušaj Farm Orehovlje
 - 42 Herba Carstica Institute Opatje selo
 - 43 Ščuka Beekeepers Lipa

- #### Accommodation, private rooms, and suites
- 44 Kogoj Bed and Breakfast Bilje
 - 45 Apartments In the Mill Orehovlje
 - 46 Mirenski Grad Lazarist Monastery Miren
 - 47 Golob Private Rooms Opatje selo
 - 48 B&B Sela na Krasu Sela na Krasu
 - 49 Kras Holiday Home Sela na Krasu
 - 50 Pod Borovci Suite Nova vas
 - 51 Budni Tourist Farm Vojsčica
 - 52 Vila Sistiana Sela na Krasu
 - 53 Fabio Gergolet Suites Nova vas
 - 54 Sončni Log House Hudi Log
 - 55 Brinovka - the karst house with a soul of time Temnica
 - 56 Hiša Kras Holiday House Sela na Krasu

- #### Experiences
- 57 Vipava river SUPing (Vipava Sup Adventure) Renče
 - 58 Vipava river kayaking (ONNOSE Adventures) Miren
 - 59 Fishing (sale of fishing licenses) Bukovica
 - 60 Horseback riding (Bilje Ranch) Bilje
 - 61 Photo tours Vojsčica
 - 62 The hidden world of karst caves (Temnica Caving Club) Temnica
 - 63 E-BIKE POINT (Miren Kras) Miren

- #### Charging stations and camper stops
- 64 Charging station Opatje selo
 - 65 Charging station Miren
 - 66 Camper stop (Kogoj Inn) Bilje
 - 67 Camper stop (car park by the municipal building) Miren
 - 68 Camper stop (Mirko Homestead) Nova vas

- #### Medical centers and services
- 69 Petrol station Miren
 - 70 ATM Miren
 - 71 Medical center Kostanjevica na Krasu
 - 72 Medical center Miren

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Main attractions

The serene side of Slovenia



Miren Kras encompasses the freshness of the bora winds along with a steel spirit. From prehistoric forts onwards, it is where thousands of years of history have been deposited like a stone on stone. The peoples from all corners of the world have left their marks here, from ancient Romans to the soldiers on the Isonzo Front. As the main entry point to Miren Kras, the Cerje Monument of Peace describes the lives of the people from this historic crossroads – the story of love for nature, heritage, and Slovenia.

1 The Cerje Monument of Peace

The Cerje peak proudly rises at the rim of the Karst plateau, offering glorious views over the Adriatic Sea, the Friulian Plain, the Julian Alps, and the Vipava Valley. Here stands a 25-meter Monument of Peace commemorating all the defenders of the Slovenian land throughout history. It houses museum collections and artwork, among them The Dance of Life and Death painted by academic painter Rudi Španzel.

2 Mirenski Grad Lazarist Monastery

Mirenski Grad is a spiritual center. The stairway designed by architect Ivan Vurnik leads to its top. The Church of Our Lady of Sorrows is decorated with paintings by Tone Kralj.

3 The Pečinka Cave and the Pečina hill

The cave served as a shelter for WWI soldiers. Because of its strategic position, the hill was used as an observation post by both the Austro-Hungarian and the Italian armies. The Italians named the hill 'The Eye of the Karst'.

4 Borojević's throne

This stone throne is dedicated to general Svetozar Borojević von Bojna, otherwise known as the 'Isonzo Lion'.

5 Krompir Cave

The Austro-Hungarian soldiers used the cave during World War I for storing produce and potatoes. It also served as a shelter for more than 500 soldiers, with multi-level bunk beds and wooden cabins for officers.

6 Klobasa Cave

Due to its excellent ventilation, the cave is suitable for drying sausages. In this cave, the soldiers got some rest from combat. They put up bunk beds on different levels, as well as a ventilation system and lavatories.

1 The Cerje Monument of Peace

The Dance of Life and Death by Rudi Španzel

Inns, tourist farms, and osmice seasonal taverns

Miren Kras healthy cuisine



The serene side of Slovenia bears the scent of two worlds. The tranquil flow of the Vipava river nourishes the 'Garden of the Gorica region' along with asparagus fields, whereas the karst alludes to windswept prosciutto and enticing Teran wine.

The inns and tourist farms are open year-round and full of home-cooked delicacies. Dried meats and filled štruklji rolls make them smell of home. 'Osmice' are a specialty here, as these farms only open their doors twice a year for special feasts.

More on cuisine at www.mirenkras.si/en/tasty



58 Vipava river kayaking



60 Horseback riding – Bilje Ranch

Trails and experiences

Miren Kras activities

Experience Miren Kras in motion and stay in touch with nature. The vineyard-covered hills and karst peaks entice those in love with panoramic views with over 60 km of well-maintained hiking, cycling, and horseback riding trails. The diverse karst landscape hidden beneath the surface calls for all adventurous covers. Experience the serene Vipava river, the perfect backdrop for kayakers, water-adventure lovers, and fishermen alike. The natural diversity of Kras excites photographers as well as bird and wildlife watchers.

More information on water sports (kayaking, canoeing, SUPing), fishing, hunting, and photo tours is available at the Cerje Monument of Peace Tourist Information Center.



Hiking trails

The hiking trails intertwine the Vipava Valley with the region of Kras. Here, you can learn about World War I while exploring karst caves. The roads take you along the Vipava Valley, past dry-stone walls, old water wells, and ponds up to dreamlike peaks. The views stretch from the Julian Alps to the Gulf of Trieste. You can also venture out on long-distance hiking trails.



22 Oskar Kogoj Nature Design Gallery



2 Mirenski Grad Lazarist Monastery



63 E-bike rental

Museums and galleries

Miren Kras culture sights



Miren Kras has an artistic soul and a thrilling history. State-of-the-art artwork hides away in private galleries and attests to the connection between nature and man. The smaller museums divulge local traditions of whip making as well as the leather and shoemaking trades. The collections bear witness to the dramatic war eras. The galleries of creators and artists provide a sense of harmony.

21 Shoemaking Museum

Miren is famous for its centuries-long leather and shoemaking traditions. The locals were making leather boots for the Austro-Hungarian army during World War I. The museum is the work of the legendary Pavel Petejan, the founder of the children's footwear factory Ciciban.

22 Oskar Kogoj Nature Design Gallery

Oskar Kogoj, a world-renowned industrial designer and artist, draws his inspiration from nature, thus designing products of harmonious shapes. His renowned 'nature design' exudes timelessness, cosmopolitanism, and the love of Slovenian heritage.

23 The House of Opatje Selo Tradition and a WW I collection

This typical karst house with a well in the courtyard takes you on a journey through the trades of Opatje selo, where you could find no less than eight whip-making workshops. The locals were also known as excellent barrel makers and stonemasons. There is also a collection of World War I battlefield remnants in the vicinity.

24 Negovan Nemeč Sculptural Atelier

The beautiful nature of Miren Kras inspired the artist to shape stone sculptures from Carrara marble and polish them to perfection. The Negovan Nemeč Cultural and Artistic Association, together with the sculptor's wife Nelida, now organizes cultural events at the artist's home.

25 Remember Me Museum

After World War II, the graves of the Miren cemetery were forcefully divided by the border between Yugoslavia and Italy, thus separating relatives and neighbors as well as the living and the buried. The museum is dedicated to everyone who disappeared without a trace and without saying goodbye in their search for a better life.

THE WALK OF PEACE FROM THE ALPS TO THE ADRIATIC

A long-distance hiking trail



WALK OF PEACE

Entire trail length	Miren Kras stages	Difficulty
520 km, 32 stages	9SI (22,15 km) 10SI (14,99 km)	medium

The Walk of Peace from the Alps to the Adriatic takes you from the Triglav National Park along alpine villages and glacial lakes, the mighty Soča river, through the Brda and the Kras regions and all the way to the sea. It is considered to be one of the most beautiful long-distance hiking trails in Europe. The memorial trail of the Isonzo Front preserves World War I remnants in their original locations (among them are caverns, trenches, artillery positions, cemeteries, and monuments). The incredible beauty of nature here invites you to slow your pace. You can walk or cycle at least one, if not all of its stages, and learn about the history, the places, and the people along the way.

www.thewalkofpeace.com



Cycling trails

Miren Kras is connected by over 80 km of bicycle trails. They wind among vineyard-covered hills and connect the pristine karst villages with the most beautiful of views. The routes range from 9 to 30 km, so you can relax your mind and stretch your body at the same time. Make a stop at one of the tourist farms or osmice seasonal taverns along the way for some sweet indulgence. Cycle the Bike Alpe Adria route, the Trans Slovenia 1 route, or the Interbike route, or go along the horseback riding trails.



Horseback riding trails

It is best to explore Kras from the saddle. The hills with the most beautiful views stand proudly among the karst brush. The 25-kilometer horseback riding loop connecting Kras and the Vipava Valley is regarded as one of the most beautiful in Slovenia. You can also ride the main horseback trail and explore the heritage of the Isonzo Front. Both trails are suitable for cyclists and hikers as well.



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The Green Pledge of Miren Kras

As the holders of the gold Slovenia Green certificate, we were classified as one of the 100 most sustainable destinations in the world and therefore received the Best of Europe 2020 sustainability award. The joint pledge of all Miren Kras hosts for a sustainable future proves that we not only think but also live sustainably.

Please, help us maintain a clean environment and keep our traditions alive. Let's ensure we all respect the Slovenia Green & Safe standards of responsible tourism.