

Inns, tourist farms, and osmice seasonal taverns Miren Kras healthy cuisine

The serene side of Slovenia bears the scent of two worlds. The tranquil flow of the Vipava river nourishes the 'Garden of the Gorica region' along with asparagus fields, whereas the karst alludes to windswept prosciutto and enticing Teran wine.

The inns and tourist farms are open year-round and full of home-cooked delicacies. Dried meats and filled štruklji rolls make them smell of home. 'Osmice' are a specialty here, as these farms only open their doors twice a year for special feasts.

More on cuisine at www.mirenkras.si/en/tasty





Main attractions The serene side of Slovenia

Miren Kras encompasses the freshness of the bora winds along with a steel spirit. From prehistoric forts onwards, it is where thousands of years of history have been deposited like a stone on stone. The peoples from all corners of the world have left their marks here, from ancient Romans to the soldiers on the Isonzo Front. As the main entry point to Miren Kras, the Cerje Monument of Peace describes the lives of the people from this historic crossroads – the story of love for nature, heritage, and Slovenia.

1 The Cerje Monument of Peace

The Cerje peak proudly rises at the rim of the Karst plateau, offering glorious views over the Adriatic Sea, the Friulian Plain, the Julian Alps, and the Vipava Valley. Here stands a 25-meter Monument of Peace commemorating all the defenders of the Slovenian land throughout history. It houses museum collections and artwork, among them The Dance of Life and Death painted by academic painter Rudi Španzel.

2 Mirenski Grad Lazarist Monastery

Mirenski Grad is a spiritual center. The stairway designed by architect Ivan Vurnik leads to its top. The Church of Our Lady of Sorrows is decorated with paintings by Tone Kralj.

3 The Pečinka Cave and the Pečina hill

The cave served as a shelter for WWI soldiers. Because of its strategic position, the hill was used as an observation post by both the Austro-Hungarian and the Italian armies. The Italians named the hill 'The Eye of the Karst'.

4 Borojević's throne

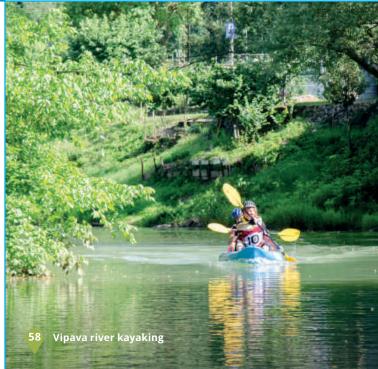
This stone throne is dedicated to general Svetozar Borojević von Bojna, otherwise known as the 'Isonzo Lion'.

5 Krompir Cave

The Austro-Hungarian soldiers used the cave during World War I for storing produce and potatoes. It also served as a shelter for more than 500 soldiers, with multi-level bunk beds and wooden cabins for officers.

6 Klobasa Cave

Due to its excellent ventilation, the cave is suitable for drying sausages. In this cave, the soldiers got some rest from combat. They put up bunk beds on different levels, as well as a ventilation system and lavatories.





7 Alojz Cave

The cave got its name after Alois P. Bock, who was in charge of cave constructions in the Austro-Hungarian army. The cave was set up with a multi-story wooden building where soldiers could rest. The natural entrance was filled with concrete to serve as protection from grenades.

8 The Russian Cave

In 1915, 30,000 Russian prisoners of war arrived at the Isonzo Front and were forced to dig trenches, paths, and caverns in severe conditions. As one of the largest caves, the Russian Cave provided them with shelter and protection from bombardments.

9 Nad Logem hill

The hill is crisscrossed with trenches as well as artillery and machine-gun positions. It was an important strategic point for the Austro-Hungarian army in 1916.

10 Segeti Military Camp

This military camp served as an essential supply center for the Austro-Hungarian army during World War I. Functioning as a small town, it offered the soldiers the illusion of normalcy.



Trails and experiences

as well as bird and wildlife watchers.

More information on water sports (kayaking,

tours is available at the Cerje Monument

of Peace Tourist Information Center.

Hiking trails

long-distance hiking trails.

canoeing, SUPing), fishing, hunting, and photo

Miren Kras activities

Experience Miren Kras in motion and stay in touch with nature. The

vineyard-covered hills and karst peaks entice those in love with

panoramic views with over 60 km of well-maintained hiking, cycling,

and horseback riding trails. The diverse karst landscape hidden beneath

the surface calls for all adventurous cavers. Experience the serene

Vipava river, the perfect backdrop for kayakers, water-adventure lovers,

and fishermen alike. The natural diversity of Kras excites photographers









Miren Kras has an artistic soul and a thrilling history. State-of-the-art artwork hides away in private galleries and attests to the connection between nature and man. The smaller museums divulge local traditions of whip making as well as the leather and shoemaking trades. The collections bear witness to the dramatic war eras. The galleries of creators and artists provide a sense of harmony.

21 Shoemaking Museum

Miren is famous for its centuries-long leather and shoemaking traditions. The locals were making leather boots for the Austro-Hungarian army during World War I. The museum is the work of the legendary Pavel Petejan, the founder of the children's footwear factory Ciciban.

22 Oskar Kogoj Nature Design Gallery

Oskar Kogoj, a world-renowned industrial designer and artist, draws his inspiration from nature, thus designing products of harmonious shapes. His renowned 'nature design' exudes timelessness, cosmopolitanism, and the love of Slovenian heritage.

23 The House of Opatje Selo Tradition and a WW I collection

This typical karst house with a well in the courtyard takes you on a journey through the trades of Opatje selo, where you could find no less than eight whip-making workshops. The locals were also known as excellent barrel makers and stonemasons. There is also a collection of World War I battlefield remnants in the vicinity.

24 Negovan Nemec Sculptural Atelier

The beautiful nature of Miren Kras inspired the artist to shape stone sculptures from Carrara marble and polish them to perfection. The Negovan Nemec Cultural and Artistic Association, together with the sculptor's wife Nelida, now organizes cultural events at the artist's home.

25 Remember Me Museum

After World War II, the graves of the Miren cemetery were forcefully divided by the border between Yugoslavia and Italy, thus separating relatives and neighbors as well as the living and the buried. The museum is dedicated to everyone who disappeared without a trace and without saying goodbye in their search for a better life.

The Green Pledge of Miren Kras

As the holders of the gold Slovenia Green certificate, we were classified as one of the 100 most sustainable destinations in the world and therefore received the Best of Europe 2020 sustainability award. The joint pledge of all Miren Kras hosts for a sustainable future proves that we not only think but also live sustainably.

Please, help us maintain a clean environment and keep ou traditions alive. Let's ensure we all respect the Slovenia Green &











Tourist Information Center (TIC)
The Cerje Monument of Peace
Lokvica 35
5291 Miren

: 00 386 31 310 800 :: info@mirenkras.si

THE WALK OF PEACE FROM THE ALPS TO THE ADRIATIC A long-distance hiking trail

WALK OF PEACE

Entire trail length 520 km, 32 stages

9SI (22.15 km) 10SI (14.99 km)

The Walk of Peace from the Alps to the Adriatic takes you from the Triglav National Park along alpine villages and glacial lakes, the mighty Soča river, through the Brda and the Kras regions and all the way to the sea. It is considered to be one of the most beautiful long-distance hiking trails in Europe. The memorial trail of the Isonzo Front preserves World War I remnants in their original locations (among them are caverns, trenches, artillery positions, cemeteries, and monuments). The incredible beauty of nature here invites you to slow your pace. You can walk or cycle at least one, if not all of its stages, and learn about the history, the places, and the people along the way.

www.thewalkofpeace.com

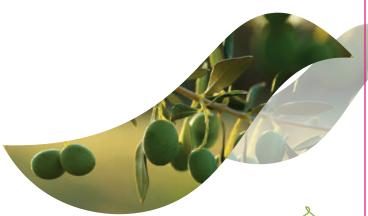


Cycling trails



Miren Kras is connected by over 80 km of bicycle trails. They wind among vineyard-covered hills and connect the pristine karst villages with the most beautiful of views. The routes range from 9 to 30 km, so you can relax your mind and stretch your body at the same time. Make a stop at one of the tourist farms or osmice seasonal taverns along the way for some sweet indulgence. Cycle the Bike Alpe Adria route, the Trans Slovenia 1 route, or the Interbike route, or go along the horseback riding trails.





Horseback riding trails

It is best to explore Kras from the saddle. The hills with the most beautiful views stand proudly among the karst brush. The 25-kilometer horseback riding loop connecting Kras and the Vipava Valley is regarded as one of the most beautiful in Slovenia. You can also ride the main horseback trail and explore the heritage of the Isonzo Front. Both trails are suitable for cyclists and hikers as well.



The hiking trails intertwine the Vipava Valley with the region of Kras. Here, you can learn about World War I while exploring karst caves. The roads take you along the Vipava Valley, past dry-stone walls, old water wells, and ponds up to dreamlike peaks. The views stretch from the Julian Alps to the Gulf of Trieste. You can also venture out on

